

PREPARING FOR YOUR CONSULTATION

Please make these preparations for your 1st appointment with your surgeon.

1. Call your insurance company and ask specifically “Do I have coverage for Weight Loss Surgery?” You may also need to say Bariatric Surgery.
2. Fill out your packet completely prior to coming in for your visit. If you are unable to do this prior to your visit or, you do not have your packet, please arrive 30 minutes prior to your scheduled appointment time to complete this paperwork.
3. Bring a complete list of your current medications, including any over the counter medications, as needed medications, or supplements that you may take.
4. Bring your photo ID and your Insurance card for this visit.
5. To prepare for testing you will need to **STOP** any PPI’s which include: omeprazole (Prilosec); lansoprazole (Prevacid); dexlansoprazole (Dexilent) rabeprazole (Aciphex) pantoprazole (Protonix.) You may take famotidine (Pepcid); ranitidine (Zantac) and/or tums.
6. You will need to be off any antibiotics for 2 weeks duration (14 days) prior to your visit. If you are required to take an antibiotic within 14 days of your appointment please call the office to reschedule your consultation.
7. Do not take anything by mouth 4 hours prior to your visit. This includes coffee, water, sodas, any type of food, chewing gum, and tobacco.